



BERLIN 2017 • GERMANY • SEPTEMBER 13-16

## SCIENTIFIC SESSIONS - EUSSEER DAY

FRIDAY, SEPTEMBER 15



### WELCOME SPEECH

ROOM PAVILLON · 14:15

Marco Conti – EUSSEER President  
Markus Scheibel – SECEC Congress President

### KEYNOTE SESSION

#### SPORTING SHOULDER AND ELBOW INJURIES

Moderators: Marco Conti (Italy) & Milena Mirkovic (UK)

ROOM PAVILLON · 14.20 - 15:45

14.20-14:35 h

#### Shoulder pacemaker for functional shoulder instability

Philipp Moroder, Germany

14.35-14.50 h

#### Hypermobility shoulders in sport

Anju Jaggi, UK

14.50-15.05 h

#### Dyskinetic scapula in sport

Susanne Gard, Switzerland

15.05-15.20 h

#### The kinetic chain and its effect on shoulder injuries

Ian Horsley, UK

15:20-15.45 h

Q+A/Panel discussion

### COFFEE BREAK

15:45 - 16:15



### KEYNOTE SESSION

#### SHOULDER INJURIES IN SPORT – CONSIDERATIONS FOR REHABILITATION

Moderators: Susanne Gard (Switzerland) & Philipp Moroder (Germany)

ROOM PAVILLON · 16:15 - 17:45

16:15-16.30 h

#### Shoulder injuries in tennis

Milena Mirkovic, UK

16.30-16.45 h

#### Shoulder injuries in rugby/boxing

Ian Horsley, UK

16.45-17:00 h

#### Shoulder injuries in gymnastics

Philippe Oddoux, France

17:00-17.15 h

#### Elbow injuries in handball and volleyball

Jelle Heisen, Netherlands

17.15-17.45 h

Q+A/Panel discussion

### EUSSEER GENERAL ASSEMBLY

ROOM PAVILLON · 17:45 - 18:45





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## SCIENTIFIC SESSIONS - EUSSER DAY

SATURDAY, SEPTEMBER 16<sup>th</sup>



CONJOINT SESSION SECEC - EUSSER

### KEYNOTE SESSION

#### RETURN TO PLAY FOLLOWING SHOULDER AND ELBOW INJURIES - PART 1

Moderators: Anju Jaggy (UK) & Peter Brownson (UK)

ROOM PAVILLON · 09:00 - 10:30

09.00 h

Introduction

09.05-09.15 h

Shoulder "reconstruction" in goal keepers

Alessandro Castagna, Italy

09.15-09.30 h

Return to goal keeping following shoulder reconstruction

Ben Ashworth, UK

09.30-09.45 h

Questions and Answers

09.45-09.55 h

Rotator cuff repairs and return to sports in gymnasts

Markus Scheibel, Germany

09.55-10.10 h

Rehabilitation of rotator cuff tendinopathy in tennis players

Milena Mirkovic, UK

10.10-10.25 h

Q+A/Panel discussion

COFFEE BREAK

10:30 - 11:00



#### RETURN TO PLAY FOLLOWING SHOULDER AND ELBOW INJURIES - PART 2

Moderators: Yasmaine Karel (Netherlands) & Marco Conti (Italy)

ROOM PAVILLON · 11:00 - 13:00

11.00-11.10 h

Surgical options for AC joint sprains in contact sports

Raffaele Garofalo, Italy

11.10-11.25 h

Return to play following AC joint sprain/s

Mauch Frieder, Germany

11.25-11.40 h

Questions and Answers

11.40-11.55 h

Elbow MCL reconstruction in throwing athlete

Christian Gerhardt, Germany

11.55-12.10 h

Return to sport following elbow MCL reconstruction

Andre Le Leu, UK

12.10-12.25 h

Q+A/Panel discussion

12.25-12.35 h

SLAP repair in overhead athletes

Peter Brownson, UK

12.35-12.50 h

Return to handball following SLAP repair

Ewa Heidvall, Sweden

12.50-13.00 h

Q+A/Panel discussion

LUNCH BREAK

EXHIBITION AREA · 13:00 - 14:00



### PAPER PRESENTATIONS 1

#### SCIENTIFIC SESSION 15 - REHABILITATION I

Moderators: Ingrid Hultenheim Klintberg (Sweden) & Yasmaine Karel (Netherlands)

ROOM PAVILLON · 14:00 - 15:00

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# SECEC-ESSSE CONGRESS

## EUROPEAN SOCIETY FOR SURGERY OF THE SHOULDER AND THE ELBOW



## BERLIN 2017 • GERMANY • SEPTEMBER 13-16

## SCIENTIFIC SESSIONS - EUSSE DAY

### SATURDAY, SEPTEMBER 16TH

#### PAPER PRESENTATIONS 2

##### SCIENTIFIC SESSION 16 · REHABILITATION II

Moderators: *Andre Le Leu (UK) & Dick Egmond (Germany)*

ROOM PAVILLON · 15:00 - 16:00

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#### WORKSHOPS

ROOM PAVILLON · 16:00 - 18:00

16.00-17.00

##### A1 - Upper limb screening tests for return to play

*Ian Horsley, UK*

##### A2 - Exercise progression for RTP in overhead athletes

*Susanne Gard, Switzerland*

17.00-18.00

##### B1 - Manual therapy for elbow rehabilitation in sport

*Jelle Heisen, Netherlands*

##### B2 - Assessment and rehabilitation principles for the rotator cuff

*Anju Jaggi, UK*

