



MIFAS
by Greemip

www.mifas.org

COURSE DIRECTORS

Josep Torrent, MD

Véronique Darcel, MD

Miquel Dalmau-Pastor, PhD

15th International Basic Course of Foot & Ankle Minimally invasive Surgery

JUNE 29th-30th 2023

Barcelona - Spain

English Course 

FACULTY

Carlo Biz, MD
Foot & Ankle Surgeon
Italy

Iñaki Larrakoetxea, MD
Foot & Ankle Surgeon
Spain

Paulo Carvalho, MD
Foot & Ankle Surgeon
Portugal

Hermann Leidolf, MD
Foot & Ankle Surgeon
Austria

Piotr Chomicki, MD
Foot & Ankle Surgeon
Poland

Julien Lucas y Hernández, MD
Foot & Ankle Surgeon
France

Miquel Dalmau-Pastor, PhD
Anatomist
Spain

Frederick Michels, MD, PhD
Foot & Ankle Surgeon
Belgium

Véronique Darcel, MD
Foot & Ankle Surgeon
France

Anna Oller, MD
Foot & Ankle Surgeon
Spain

Javier del Vecchio, MD
Foot & Ankle Surgeon
Argentina

Eduard Rabat, MD
Foot & Ankle Surgeon
Spain

Marc Elkaïm, MD
Foot & Ankle Surgeon
France

Robbie Ray, MD
Foot & Ankle Surgeon
UK

Georg Hochheuser, MD
Foot & Ankle Surgeon
Germany

Josep Torrent, MD
Foot & Ankle Surgeon
Spain

Holly Johnson, MD
Foot & Ankle Surgeon
USA

Joel Vernois, MD
Foot & Ankle Surgeon
France

Olivier Laffenetre, MD
Foot & Ankle Surgeon
France

15th International Basic Course of Foot & Ankle Minimally Invasive Surgery

JUNE 29th-30th 2023

Barcelona - Spain



www.mifas.org

GENERAL INFORMATION



Dates

JUNE 29th-30th 2023



Course Directors

Josep Torrent, MD
Véronique Darcel, MD
Miquel Dalmau-Pastor, PhD



Venue

Universitat de Barcelona – Campus Bellvitge
Sala de dissecció
Carrer de la Feixa Llarga, s/n
08907 L'Hospitalet de Llobregat, Barcelona



Registration fees

Basic course: 2.200€ | Members Fee: 2.000€
Basic & advanced course package: 3.000€ | Members Fee: 2.750€

Limited to 40 attendees

Course registration includes:

Welcome Pack (notebook and pen)
Lunch and coffee breaks
Official course dinner

Registration does not include:

Accommodation



Website

www.mifas.org



Contact

contact@mifas.org

LECTURE ROOM

THURSDAY JUNE 29th

08:30-09:00h Registration & Welcome Coffee

- 09:00-09:05h Welcome Address
V. Darcel & J. Torrent
- 09:05-09:10h The MIFAS
F. Michels
- 09:10-09:20h Anatomy And Percutaneous Surgery: Don't Be Afraid Of Burrs
M. Dalmau
- 09:20-09:30h Know Your Instrument
J. Del Vecchio

09:30-10:40h LESSER TOE DEFORMITIES - LECTURES

- 09:30-09:40h Anatomy of lesser toes and rays
M. Dalmau
- 09:40-09:50h Definition and types
P. Chomicki
- 09:50-10:05h Soft tissues & bone surgical technical tips
V. Darcel
- 10:05-10:15h Postoperative care including dressing
F. Michels
- 10:15-10:25h MIFAS surgical treatment. Is there any possible consensus in the treatment
J. Torrent
- 10:25-10:40h Attendees question

10:40-11:00 Coffee Break ☕

LAB

11:00-12:30h TOES DEFORMITIES - LAB SESSION

F. Michels & V Darcel

- 11:00-11:15h Know Your Instrument
- 11:15-11:30h SawBones® DEMO - Lesser toes
V.Darcel
- 11:30-11:50h SawBones® LAB
- 11:50-12:05h Surgical technical tips Cadaver LAB

12:05-12:30h Cadaver LAB
V. Darcel

12:30-13:30h Lunch 🍴

LECTURE ROOM

13:30-14:30h METATARSALGIA - LECTURES

13:30-13:45h Definition & diagnostic approach
C. Biz

13:45-14:00h Surgical technical tips & postoperative care
M. Elkaïm

14:00-14:15h Limits and contraindications - MIFAS indications
A. Oller

14:15-14:30h TAILOR DEFORMITY - LECTURES

14:15-14:30h Surgical technical tips
E. Rabat
Attendees questions

14:30-15:00h Coffee Break ☕

LAB

15:00-17:40h METATARSALGIA & TAILOR DEFORMITY - LAB SESSION

15:00-15:10h SawBones® DEMO – DMMO
M. Elkaïm

15:10-15:20h SawBones® DEMO – Tailor
E. Rabat

15:20-16:00h SawBones® LAB

16:00-16:15h Surgical technical tips Cadaver LAB- DMMO
M. Elkaïm

16:15-16:30h Surgical technical tips Cadaver LAB- Tailor bunion
E. Rabat

16:30-17:20h Cadaver LAB

17:20-17:40h Live Dissection
M. Dalmau

17:40-18:10 ATTENDEES QUESTIONS

LECTURE ROOM

08:30-09:45h 1ST RAY - LECTURES

08:30-08:40h Anatomy of the first ray

[M. Dalmau](#)

08:40-08:50h Soft tissue release

[O. Laffenetre](#)

08:50-09:00h Akin osteotomy. Surgical technical tips

[R. Ray](#)

09:00-09:15h Percutaneous chevron (PERC). Surgical technical tips

[J. Lucas](#)

09:15-09:25h MIFAS indications

[O. Laffenetre](#)

09:25-09:30h Attendees questions

09:30-10:00h Coffee Break ☕

LAB

10:00-12:30h 1ST RAY - LAB SESSION

10:00-10:05h SawBones®DEMO – Akin

[R. Ray](#)

10:05-10:15h SawBones®DEMO- Chevron

[J. Lucas](#)

10:15-10:45h SawBones®LAB including fixation

10:45-10:55h Surgical technical tips Cadaver LAB - Soft tissue release and Akin

[R. Ray](#)

10:55-11:10h Surgical technical tips Cadaver LAB – Chevron

[J. Lucas](#)

11:10-12:20h Cadaver LAB

12:20-12:30h Live Dissection

[M. Dalmau](#)

12:30-12:45h DRESSING - TECHNICAL TIPS: THE MAIN RULES

[F. Michels](#)

12:45-13:15h DRESSINGS' TRAINING in main Hall

[F. Michels](#)

13:15-14:15h Lunch ☒

LECTURE ROOM

14:15-14:35h CALCANEAL CHEVRON OSTEOTOMY

14:15-14:35h Technique, Postoperative care, Literature
H. Johnson

LAB

14:35-16:00h CALCANEUM - SAWBONES & SPECIMEN DEMO

14:35-14:55h PRACTICE DEMO Calcaneal Chevron Osteotomy
H. Johnson

14:55-15:10h SawBones® Practice

15:10-15:25h SPECIMEN DEMO Calcaneal Chevron Osteotomy
H. Johnson

15:25-16:00h SPECIMEN PRACTICE

16:00-16:20h Coffee Break ☕

LECTURE ROOM

16:20-17:30h AFTERNOON SESSION

16:20-16:55h Specimen Dissection
M. Dalmau

16:55-17:30h Clinical cases
R. Ray / P. Chomicki / A. Oller

16:55-17:10h MIFAS: Our Next Steps Board members
J. Vernois

17:10h COURSE CLOSURE
V. Darcel & J. Torrent

