



**COURSE DIRECTORS**

Jordi Vega, MD, Spain

Guillaume Cordier, MD, PhD, France

Miki Dalmau-Pastor, PhD, Spain

**7th Basic Ankle  
Arthroscopy Course**

**NOVEMBER 17<sup>th</sup> 2025**

**Barcelona - Spain**

**English Course**

## FACULTY

**Mette Andersen, MD**  
Foot & Ankle Surgeon  
Norway

**Iñaki Larrakoetxea Intxausti, MD**  
Foot & Ankle Surgeon  
Spain

**Gustavo Araujo Nunes, MD, PhD**  
Foot & Ankle Surgeon  
Brazil

**Chris Miller, MD**  
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USA

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Foot & Ankle Surgeon  
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Foot & Ankle Surgeon  
Egypt

**Miki Dalmau-Pastor, PhD**  
Anatomist  
Spain

**Alexis Thiounn, MD**  
Foot & Ankle Surgeon  
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**Cinthy Vargas Zavala, MD**  
Foot & Ankle Surgeon  
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**Matteo Guelfi, MD, PhD**  
Foot & Ankle Surgeon  
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**Jordi Vega, MD**  
Foot & Ankle Surgeon  
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**Andrew Hong, MD**  
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Singapore

**João Vide, MD**  
Foot & Ankle Surgeon  
Portugal

# 7th Basic Ankle Arthroscopy Course

NOVEMBER 17<sup>th</sup> 2025

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## GENERAL INFORMATION



### Date

NOVEMBER 17<sup>th</sup> 2025 | 8:15 am to 6:00 pm



### Course Directors

Jordi Vega, MD, Spain  
Guillaume Cordier, MD, PhD, France  
Miki Dalmau-Pastor, PhD, Spain



### Venue

Universitat de Barcelona – Campus Bellvitge  
Sala de dissecció  
Carrer de la Feixa Llarga, s/n  
08907 L'Hospitalet de Llobregat, Barcelona  
[Click Here](#)



### Language

English Course



### Registration fees

Basic course: 1.200€ | Members Fee: 1.000€  
Basic & advanced course package: 2.000€ | Members Fee: 1.800€

*Limited to 24 attendees  
1 foot per attendee*

### Course registration includes:

Welcome Pack (notebook and pen)  
Lunch and coffee breaks  
Official course dinner

### Registration does not include:

Accommodation



### Website

[www.mifas.org](http://www.mifas.org)



### Contact

[contact@mifas.org](mailto:contact@mifas.org)

# 7th Basic Ankle Arthroscopy Course

NOVEMBER 17<sup>th</sup> 2025

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## SCIENTIFIC PROGRAMME

08:15-08:30h Registration

### 1 / ANTERIOR ANKLE ARTHROSCOPY

08:30-09:50h BRIEF INTRODUCTION

08:30-08:45h Anatomical basis in anterior ankle arthroscopy

Miki Dalmau-Pastor

08:45-09:00h Anatomy of the ankle ligaments

Miki Dalmau-Pastor

09:00-09:15h Arthroscopic set up (instruments and patient positioning)

Guillaume Cordier

09:15-09:30h Anterior ankle arthroscopy technique (anatomical landmarks, portals, "Step by step" technique, basic ankle arthroscopic exploration)

Jordi Vega

09:15-09:25h Basic indications: All-inside ligament repair

Matteo Guelfi

09:50-11:20h HANDS-ON SESSION

11:20-11:40h Coffee Break ☕

11:40-13:10h HANDS-ON SESSION

13:10-14:00h Lunch 🍽️

### 2 / HINDFOOT ENDOSCOPY

14:00-14:55h BRIEF INTRODUCTION

14:00-14:10h Anatomical basis in hindfoot endoscopy

Miki Dalmau-Pastor

14:10-14:25h Arthroscopic set up (instruments and patient positioning)

João Vide

14:25-14:40h Hindfoot endoscopy technique (anatomical landmarks, portals, "Step by step" technique, basic ankle arthroscopic exploration)

Jordi Vega

14:40-14:55h Basic indications

Mette Andersen

14:55-18:00h HANDS-ON SESSION

18:00h COURSE CLOSURE



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